



BUEHLER YMCA AQUATICS SCHEDULE

Effective Jan 1, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Pool Hours	5:15am-9pm	5:15am-9pm	5:15am-9pm	5:15am-9pm	5:15am-8pm	7:15am-5pm	7:15am-5pm
Family Pool Hours	7:30am-8pm	7:30am-8pm	7:30am-8pm	7:30am-8pm	7:30am-8pm	8:30am-5pm	8:30am-5pm
Water Fitness	Arthritis Water Fitness 8-8:45am Family Pool	HydroTone 9:15-10am Lap Pool	Arthritis Water Fitness 8-8:45am Family Pool	Aqua HIIT 9:15-10am Lap Pool			
Group Swim Lessons	Lap Pool 4-7pm Family Pool 4-7:30pm	Lap Pool 4-7pm Family Pool 4-7pm	Lap Pool 4-7pm Family Pool 4-7pm		Family Pool 9:30-11:30am	Lap Pool 8:30am-1pm Family Pool 8:30am-1pm	Lap Pool 8:30am-12:30pm Family Pool 8:30am-12:30pm
Swim Teams	Masters 5:15-7:30am					Masters 7:15-8:30am	
	Blue Marlins 4:30-8PM						Blue Marlins 12:30-3pm

- › Schedule is subject to change.
 - Jan 28th and July 13th – Blue Marlins Home Meets, Lap Pool will close at 12pm.
 - Feb 17th & 18th, April 6th & 7th, and June 8th & 9th – Fitter and Faster Clinics, Lap Pool will close at 9am
 - Modifications to the schedule for other special events will be posted on the Lap Pool Scoreboard.
- › There is a 15-minute Safety Break at 2pm on weekdays. All swimmers will need to exit the pools.
- › A limited number of lanes will be available during programming times. Private swim lessons will receive priority access to the pools during regular operating hours.
- › Hot tub is available during the Lap Pool hours of operation. Hot tub will be closed for cleaning on Wednesdays 12pm-4:00pm

For additional information or questions, please contact
Becky Menso, Aquatics Manager at rmenso@ymcachicago.org or 847-410-5206.